| COURSE | CONTEMPORARY FOODS OF THE WORLD I | GRADE: | 9-12 |
|--------------------------------------|--|-------------|------------------------------|
| | 14.4 EVALUATE FACTORS THAT AFFECT FOOD SAFETY, FROM PRODUCTION THROUGH | | |
| STATE STANDARD: | CONSUMPTION. 14.5 EVALUATE THE IMPACT OF SCIENCE AND TECHNOLOGY ON FOOD COMPOSITION, SAFETY, AND OTHER ISSUES | TIME FRAME: | 90 Days (57 Minutes per day) |
| UNIT: GETTING STARTED IN THE KITCHEN | | | |

| GETTING STARTED IN THE KITCHEN | | |
|---|---|---|
| OBJECTIVES/ESSENTIAL CONTENT | ASSESSMENT | LEARNING ACTIVITIES |
| SUPPLY. 2. EVALUATE SOURCES OF FOOD AND NUTRITION INFORMATION. 3. CRITIQUE DIET MODIFICATIONS FOR THEIR ABILITY TO IMPROVE NUTRITIONALLY – RELATED HEALTH CONDITIONS. 4. ANALYZE THE BREAKDOWNS OF FOODS, ABSORPTION OF NUTRIENTS AND THEIR CONVERSION TO ENERGY BY THE BODY. 5. EVALUATE THE APPLICATION OF NUTRITION AND MEAL PLANNING PRINCIPLES IN SELECTION, PLANNING, PREPARATION AND SERVING OF MEALS THAT MEET THE SPECIFIC NUTRITIONAL NEEDS OF INDIVIDUALS ACROSS THEIR LIFESPAN. OBJECTIVE: 1. DEMONSTRATE KNOWLEDGE AND APPLICATION OF CORRECT OPERATION AND MAINTENANCE OF KITCHEN (CLASSROOM) TOOLS AND EQUIPMENT. 2. DEMONSTRATE KNOWLEDGE AND APPLICATION OF PROPER SAFETY PROCEDURE WITH KITCHEN (CLASSROOM) FOOD PRODUCTION AND EQUIPMENT. | 2. STUDENT ACTIVITIES (CHAPTER 13 AND 6) 3. CHAPTER 13 AND 6 STUDY SHEET 4. CHAPTER 13 AND 6 TEST | CHAPTER 13 – GETTING STARTED IN THE KITCHEN 1. TEACHER INSTRUCTION/POWERPOINT 2. TERMS TO KNOW/VOCABULARY 3. STUDENT ACTIVITY GUIDE 4. CHAPTER 13 STUDY SHEET 5. CHAPTER 6 – SAFEGUARDING THE FAMILY HEALTH 1. TEACHER INSTRUCTION/POWERPOINT 2. VOCABULARY 3. STUDENT ACTIVITY GUIDE 4. CHAPTER 6 STUDY SHEET 5. CHAPTER 6 QUIZ |
| | r the "Food Preparation Terms" | |
| READ CHAPTER 13 AND CHAPTER 6 COMPLETE 1. TERMS TO KNOW 2. REVIEW WHAT YOU HAVE READ 3. BUILD YOUR BASIC SKILLS 4. BUILD YOUR THINKING SKILLS 5. USING WORKPLACE SKILLS TEXTBOOK: GUIDE TO GOOD FOOD JRCES: | | |
| | OBJECTIVES/ESSENTIAL CONTENT STANDARDS FCS 11.3.12 B, C, D, E, F 1. EVALUATE THE ROLE OF GOVERNMENT AGENCIES IN SAFEGUARDING OUR FOOD SUPPLY. 2. EVALUATE SOURCES OF FOOD AND NUTRITION INFORMATION. 3. CRITIQUE DIET MODIFICATIONS FOR THEIR ABILITY TO IMPROVE NUTRITIONALLY – RELATED HEALTH CONDITIONS. 4. ANALYZE THE BREAKDOWNS OF FOODS, ABSORPTION OF NUTRIENTS AND THEIR CONVERSION TO ENERGY BY THE BODY. 5. EVALUATE THE APPLICATION OF NUTRITION AND MEAL PLANNING PRINCIPLES IN SELECTION, PLANNING, PREPARATION AND SERVING OF MEALS THAT MEET THE SPECIFIC NUTRITIONAL NEEDS OF INDIVIDUALS ACROSS THEIR LIFESPAN. OBJECTIVE: 1. DEMONSTRATE KNOWLEDGE AND APPLICATION OF CORRECT OPERATION AND MAINTENANCE OF KITCHEN (CLASSROOM) TOOLS AND EQUIPMENT. 2. DEMONSTRATE KNOWLEDGE AND APPLICATION OF PROPER SAFETY PROCEDURE WITH KITCHEN (CLASSROOM) FOOD PRODUCTION AND EQUIPMENT. 3. RECOGNIZE CAUSES, SYMPTOMS AND PREVENTION OF COMMON FOOD BORNE ILLNESSES. 4. DEMONSTRATE AND PRACTICE A HIGH STANDARD OF PERSONAL AND KITCHEN CLEANLINESS BASED ON HAACP STANDARDS. 1. CREATE A BULLETIN BOARD TO TEACH MEASURING BASICS. 2. DEVELOP A STUDY GUIDE OR FLASHCARD OR GAME TO STUDY FOOD TEACH MEASURING BASICS. 2. DEVELOP A STUDY GUIDE OR FLASHCARD OR GAME TO STUDY FOOD TEACH MEASURING BASICS. 3. BUILD YOUR BASIC SKILLS 4. BUILD YOUR THINKING SKILLS 5. USING WORKPLACE SKILLS TEXTBOOK: GUIDE TO GOOD FOOD | STANDARDS FCS 11.3.12 B,C,D,E,F 1. EVALUATE THE ROLE OF GOVERNMENT AGENCIES IN SAFEGUARDING OUR FOOD SUPPLY. 2. EVALUATE SOURCES OF FOOD AND NUTRITION INFORMATION. 3. CRITIQUE DIET MODIFICATIONS FOR THEIR ABILITY TO IMPROVE NUTRITIONALLY—RELATED HEALTH CONDITIONS. 4. ANALYZE THE BREAKDOWNS OF FOODS, ABSORPTION OF NUTRIENTS AND THEIR CONVERSION TO ENERGY BY THE BODY. 5. EVALUATE HEA PPLICATION OF NUTRITION AND MEAL PLANNING PRINCIPLES IN SELECTION, PLANNING, PREPARATION AND SERVING OF MEALS THAT MEET THE SPECIFIC NUTRITIONAL NEEDS OF INDIVIDUALS ACROSS THEIR LIFESPAN. OBJECTIVE: 1. DEMONSTRATE KNOWLEDGE AND APPLICATION OF CORRECT OPERATION AND MAINTENANCE OF KITCHEN (CLASSROOM) TOOLS AND EQUIPMENT. 2. DEMONSTRATE KNOWLEDGE AND APPLICATION OF COMMON FOOD BORNE ILLINESSES. 4. DEMONSTRATE AND PRACTICE A HIGH STANDARD OF PERSONAL AND KITCHEN CLEANURESS BASED ON HAACP STANDARDS. 1. CREATE A BULLETIN BOARD TO TEACH MEASURING BASICS. 2. DEVELOP A STUDY GUIDE OR FLASHCARD OR GAME TO STUDY FOR THE "FOOD PREPARATION TERMS" READ CHAPTER 13 AND CHAPTER 6 COMPLETE 1. TERMS TO KNOW. 2. REVIEW WHAT YOU HAVE READ 3. BUILD YOUR BASIC SKILLS 4. BUILD YOUR THINKING SKILLS 5. USING WORKPLACE SKILLS TEXTROOCC GUIDE TO GOOD FOOD |

| COURSE | Contemporary Foods of the \ | VORLD I | GRADE: | 9-12 |
|-----------------|--|----------|-------------|------------------------------|
| STATE STANDARD: | 14.4 EVALUATE FACTORS THAT AFFECT FOOD SAFETY, FROM PRODUCTION THROUGH CONSUMPTION. 14.5 EVALUATE THE IMPACT OF SCIENCE AND TECHNOLOGY ON FOOD COMPOSITION, SAFETY, AND OTHER ISSUES | | TIME FRAME: | 90 DAYS (57 MINUTES PER DAY) |
| UNIT: | MEAL PLANNING/COM | SUMERISM | | |

| | | OBJECTIVES/ESSENTIAL CONTENT | ASSESSMENT | LEARNING ACTIVITIES |
|---------------------|--|--|--|--|
| UNIT OF INSTRUCTION | SUPPI 2. EVAL 3. CRITI RELA 4. ANA CON 5. EVAL SELEC SPEC OBJECTIVE: PLAN NUTRITIC 1. PATTERNS B 2. PREPARE A 3. BUDGET 4. PLAN MENU SIZES, AND TEM | LUATE THE ROLE OF GOVERNMENT AGENCIES IN SAFEGUARDING OUR FOOD LLY. LUATE SOURCES OF FOOD AND NUTRITION INFORMATION. IQUE DIET MODIFICATIONS FOR THEIR ABILITY TO IMPROVE NUTRITIONALLY – ITED HEALTH CONDITIONS. LLYZE THE BREAKDOWNS OF FOODS, ABSORPTION OF NUTRIENTS AND THEIR IVERSION TO ENERGY BY THE BODY. LUATE THE APPLICATION OF NUTRITION AND MEAL PLANNING PRINCIPLES IN CTION, PLANNING, PREPARATION AND SERVING OF MEALS THAT MEET THE CIFIC NUTRITIONAL NEEDS OF INDIVIDUALS ACROSS THEIR LIFESPAN. DUS MENUS USING MEAL ASED ON MY PLATE. FAMILY FOOD. JS WITH AN APPEALING VARIETY OF FLAVORS, COLORS, TEXTURES, SHAPES, | 1. STUDENT ACTIVITIES 2. VOCABULARY (CHAPTER 11 AND 12) 3. CHAPTER 11 AND 12 STUDY SHEET 4. CHAPTER 11 AND 12 QUIZ | 1. Chapter 11 Teacher Instruction /PowerPoint 2. Vocabulary 3. Student Activity Guide 4. Chapter 11 Study Sheet 5. Chapter 11 Quiz 6. Chapter 12 Teacher Instruction/PowerPoint 7. Student Activity Guide 8. Chapter 12 Student Study Sheet 9. Chapter 12 Quiz |
| ENRIG | CHMENT: | STUDENTS WILL DEVELOP A WORK SIMPLIFICATION TECHNIQUE. EACH TECHNIQUE WAYS | NIQUE SHOULD DEMONSTRATE THE SIMPLIFICATION | OF TIME AND ENERGY IN THE FOLLOWING |
| REMEDIATION: | | READ CHAPTER 11 AND CHAPTER 12 COMPLETE 1. TERMS TO KNOW 2. REVIEW WHAT YOU HAVE READ 3. BUILD YOUR BASIC SKILLS 4. BUILD YOUR THINKING SKILLS | | |
| RESO | URCES: | TEXTBOOK: GUIDE TO GOOD FOOD | | |

| COURSE | CONTE | MPORARY FOODS OF THE WORLD I | GRADE: | 9-12 |
|-----------------|--|--|-------------|------------------------------|
| STATE STANDARD: | WELLNESS NEEDS OF 14.4 EVA CONSUM 14.5 EVA | FINDIVIDUALS AND FAMILIES ACROSS THE LIFE SPAN. ALUATE FACTORS THAT AFFECT FOOD SAFETY, FROM PRODUCTION THROUGH | TIME FRAME: | 90 DAYS (57 MINUTES PER DAY) |
| UNIT: | | Introduction to Principles of Food Preparation | _ | |

| | | OBJECTIVES/ESSENTIAL CONTENT | ASSESSMENT | LEARNING ACTIVITIES |
|---------------------|---|--|---|--|
| | STANDARD | ODJECTIVES/ESSENTIAL CONTENT | ASSESSIVIEIVI | LEARINING ACTIVITIES |
| UNIT OF INSTRUCTION | 1. EVALI FOOD 2. EVALI 3. CRITIC - RELA 4. ANAL THEIR 5. EVALI IN SEL | UATE THE ROLE OF GOVERNMENT AGENCIES IN SAFEGUARDING OUR D SUPPLY. UATE SOURCES OF FOOD AND NUTRITION INFORMATION. QUE DIET MODIFICATIONS FOR THEIR ABILITY TO IMPROVE NUTRITIONALLY ATED HEALTH CONDITIONS. LYZE THE BREAKDOWNS OF FOODS, ABSORPTION OF NUTRIENTS AND CONVERSION TO ENERGY BY THE BODY. UATE THE APPLICATION OF NUTRITION AND MEAL PLANNING PRINCIPLES ECTION, PLANNING, PREPARATION AND SERVING OF MEALS THAT MEET PECIFIC NUTRITIONAL NEEDS OF INDIVIDUALS ACROSS THEIR LIFESPAN. | 1. STUDY ACTIVITY SHEETS 2. VOCABULARY 3. CHAPTER STUDY SHEET 4. QUIZ | 1. CHAPTER 8 TEACHER 2. INSTRUCTION/POWERPOINT 3. CHAPTER 9 STUDY SHEET 4. CHAPTER 10 TEACHER INSTRUCTION/POWERPOINT A. EQUIPPING YOUR KITCHEN B. UTENSILS IN ACTION 5. SMALL EQUIPMENT COMPARISON 6. STUDENT ACTIVITY GUIDE A. SMALL EQUIPMENT IDENTIFICATION B. MATERIALS COMPARISON |
| | 1. Demo 2. Ident Appli, 3. Demo | ONSTRATE THE PROPER TECHNIQUES FOR TABLE SETTING AND MANNERS. IFY THE KEY CONSUMER CONSIDERATIONS FOR PURCHASING AN ANCE. ONSTRATE THE PROPER USAGE AND FUNCTION OF VARIOUS EQUIPMENT, SILS AND TOOLS. | | C. Equipment Review 7. Chapter 10 Study Sheet |
| ENRIG | CHMENT: | STUDENTS WILL PLAN A CASUAL RECEPTION FOR FACULTY. THEY MUST: A. PLAN A SIMPLE MENU B. CHOOSE DINNERWARE, FLATWARE, BEVERAGE WARE, TABLE LINENS CREATED. C. SET THE TABLE ACCORDINGLY. | S, AND A CENTERPIECE THAT COMPLEMENTS THE | FOOD AND ATMOSPHERE BEING |
| REMEDIATION: | | READ CHAPTER 8 (PAGE 150-163) CHAPTER 9 (PAGE 164-184) C COMPLETE 1. TERMS TO KNOW 2. REVIEW WHAT YOU HAVE READ 3. BUILD YOUR BASIC SKILLS 4. BUILD YOUR THINKING SKILLS 5. APPLY TECHNOLOGY 6. USING WORKPLACE SKILLS | hapter 10 (page 185-198) | |
| RESO | OURCES: | TEXTBOOK: GUIDE TO GOOD FOOD | | |

| COURSE | CONTEN | MPORARY FOODS OF THE WORLD I | GRADE: | 9-12 |
|-------------------------------|--|--|-------------|------------------------------|
| STATE STANDARD: | WELLNESS NEEDS OF 14.4 EVA CONSUM | INDIVIDUALS AND FAMILIES ACROSS THE LIFE SPAN. LUATE FACTORS THAT AFFECT FOOD SAFETY, FROM PRODUCTION THROUGH PTION. LUATE THE IMPACT OF SCIENCE AND TECHNOLOGY ON FOOD COMPOSITION, SAFETY, | TIME FRAME: | 90 DAYS (57 MINUTES PER DAY) |
| STANDARD STATEMENT: Nutrition | | | | |

| STAN | IDARD STATEMENT: Nutrition | | |
|---------------------|---|--|--|
| | OBJECTIVES/ESSENTIAL CONTENT | ASSESSMENT | LEARNING ACTIVITIES |
| UNIT OF INSTRUCTION | STANDARD STATEMENT E EVALUATE THE ROLE OF GOVERNMENT AGENCIES IN SAFEGUARDING OUR FOOD SUPPLY. EVALUATE SOURCES OF FOOD AND NUTRITION INFORMATION. CRITIQUE DIET MODIFICATIONS FOR THEIR ABILITY TO IMPROVE NUTRITIONALLY – RELATED HEALTH CONDITIONS. ANALYZE THE BREAKDOWNS OF FOODS, ABSORPTION OF NUTRIENTS AND THEIR CONVERSION TO ENERGY BY THE BODY. EVALUATE THE APPLICATION OF NUTRITION AND MEAL PLANNING PRINCIPLES IN SELECTION, PLANNING, PREPARATION AND SERVING OF MEALS THAT MEET THE SPECIFIC NUTRITIONAL NEEDS OF INDIVIDUALS ACROSS THEIR LIFESPAN. OBJECTIVE: Assess the effect of nutrients on health, appearance, and peak performance. Research the relationship of nutrition and wellness to individual and family health throughout the lifespan. Assess the impact of food and diet fads, food addictions, and eating disorders on wellness. | Vocabulary quizzes Chapter 2 activities A, B, C, D Chapter 3 activities C and D Study Sheet Chapter 2 and 3 Quiz Chapter 2 and 3 | Nutritional Needs Chapter 2 PowerPoint Vocabulary Teacher directed instruction Nutrient Facts; Activity A Nutrient Deficiencies and Excesses; Activity B Nutrition Crossword; Activity C (Vocabulary Reinforcement) Vitamin Discoveries; reproducible master 2-3 (reading) Chapter 2 Study Guide: Nutritional Needs; reproducible 2-5 11. Chapter 3 Power Point Vocabulary Chapter 3 Study Sheet |
| | 4. Appraise sources of food and nutrition information, including food labels, related health and wellness. Develop a HEALTHFUL FOOD CHOICES Plan to be displayed | in the cafeteria. Students should includ | le posters, banners, flyers, brochures |
| | and pamphlets to be available to cafeteria students. Read chapter 2 and 3. Complete: 1. Review What You Have Read 2. Build Critical Thinking Skills 3. Develop Common Core Skills 4. Apply Technology 5. Practice Career Readiness | | , |
| RESC | Textbook: Guide to Good Food OURCES: | | |

| COURSE | CONTEN | MPORARY FOODS OF THE WORLD I | GRADE: | 9-12 |
|---------------------|--|--|-------------|------------------------------|
| STATE STANDARD: | WELLNESS NEEDS OF 14.4 EVA CONSUM | INDIVIDUALS AND FAMILIES ACROSS THE LIFE SPAN. LUATE FACTORS THAT AFFECT FOOD SAFETY, FROM PRODUCTION THROUGH PTION. LUATE THE IMPACT OF SCIENCE AND TECHNOLOGY ON FOOD COMPOSITION, SAFETY, | TIME FRAME: | 90 DAYS (57 MINUTES PER DAY) |
| STANDARD STATEMENT: | | Food Preparation - Grains | | |

| STAN | IDARD STATEM | MENT: Food Preparation - Grains | | |
|---------------------|--|---|--|--|
| | | OBJECTIVES/ESSENTIAL CONTENT | ASSESSMENT | LEARNING ACTIVITIES |
| UNIT OF INSTRUCTION | SUPPI 2. EVAL 3. CRITI RELAT 4. ANAI CON' 5. EVAL SELEC SPECI OBJECTIVE: Students a. H b. T | STATEMENT F UATE THE ROLE OF GOVERNMENT AGENCIES IN SAFEGUARDING OUR FOOD | Student Activity Guide Lab Assignments and Paperwork Chapter Study Sheet Chapter Test | Teacher Instruction/PowerPoint Student Activity Guide Grains and Grain Products Breakfast Cereal |
| ENRI | CHMENT: | Research the use of grains in other cultures. Prepare a visual presentation of how grains are prepared as | nd eaten in other areas of the world | |
| REMEDIATION: | | Read Chapter 14 1. Terms to Know 2. Review What You Have Read 3. Build Basic Skills 4. Build Your Thinking Skills | | |
| RESC | OURCES: | Textbook: Guide to Good Food | | |

| COURSE | CONTEN | MPORARY FOODS OF THE WORLD I | GRADE: | 9-12 |
|---|--|--|-------------|------------------------------|
| STATE STANDARD: | WELLNESS NEEDS OF 14.4 EVA CONSUM | INDIVIDUALS AND FAMILIES ACROSS THE LIFE SPAN. LUATE FACTORS THAT AFFECT FOOD SAFETY, FROM PRODUCTION THROUGH PTION. LUATE THE IMPACT OF SCIENCE AND TECHNOLOGY ON FOOD COMPOSITION, SAFETY, | TIME FRAME: | 90 DAYS (57 MINUTES PER DAY) |
| STANDARD STATEMENT: Food Preparation - Vegetables | | _ | | |

| | OBJECTIVES/ESSENTIAL CONTENT | ASSESSMENT | LEARNING ACTIVITIES | | |
|---------------------|---|--|--|--|--|
| UNIT OF INSTRUCTION | STANDARD STATEMENT E EVALUATE THE ROLE OF GOVERNMENT AGENCIES IN SAFEGUARDING OUR FOOD SUPPLY. EVALUATE SOURCES OF FOOD AND NUTRITION INFORMATION. CRITIQUE DIET MODIFICATIONS FOR THEIR ABILITY TO IMPROVE NUTRITIONALLY – RELATED HEALTH CONDITIONS. ANALYZE THE BREAKDOWNS OF FOODS, ABSORPTION OF NUTRIENTS AND THEIR CONVERSION TO ENERGY BY THE BODY. EVALUATE THE APPLICATION OF NUTRITION AND MEAL PLANNING PRINCIPLES IN SELECTION, PLANNING, PREPARATION AND SERVING OF MEALS THAT MEET THE SPECIFIC NUTRITIONAL NEEDS OF INDIVIDUALS ACROSS THEIR LIFESPAN. OBJECTIVE: Students will demonstrate how to properly select and store vegetables to maintain maximum nutrition Students will practice food science principle in the preparation of vegetables to maintain maximum nutrition. Students will choose the correct method of vegetable preparation to preserve color, texture, flavor, and nutrient. | Student Activity Guide Lab Assignments and Paperwork Chapter Study Sheet Chapter Test | Teacher Instruction/ PowerPoint Student Activity Guide Selecting and Storing Vegetables Cooking Vegetables by Class The Vegetable Cook Vocabulary Chapter 15 Study Sheet Chapter 15 Quiz Recipe – Vegetable Pasta Primavera | | |
| ENRI | Create a brochure or pamphlet for parents. Investigate a specific vegetable and develop a brochure which will include: Vegetal name and scientific name, Group or class, Nutritional information, Fun Facts, Preparation techniques, Recipes, Games (word searc crossword etc) | | | | |
| REME | Read Chapter 15 Complete 1. Terms to Know 2. Review What You Have Read 3. Build Basic Skills 4. Build Your Thinking Skills | | | | |
| RESC | Textbook: Guide to Good Food URCES | | | | |

| COURSE | CONTEN | MPORARY FOODS OF THE WORLD I | GRADE: | 9-12 |
|--------------------|---|--|-------------|------------------------------|
| STATE STANDARD: | WELLNESS NEEDS OF 14.4 EVA CONSUM | INDIVIDUALS AND FAMILIES ACROSS THE LIFE SPAN. LUATE FACTORS THAT AFFECT FOOD SAFETY, FROM PRODUCTION THROUGH PTION. LUATE THE IMPACT OF SCIENCE AND TECHNOLOGY ON FOOD COMPOSITION, SAFETY, | TIME FRAME: | 90 DAYS (57 MINUTES PER DAY) |
| STANDARD STATEMENT | STANDARD STATEMENT: Food Preparation - Fruits | | | |

| | OBJECTIVES/ESSENTIAL CONTENT | ASSESSMENT | LEARNING ACTIVITIES |
|---------------------|--|--|--|
| UNIT OF INSTRUCTION | STANDARD STATEMENT E 1. EVALUATE THE ROLE OF GOVERNMENT AGENCIES IN SAFEGUARDING OUR FOOD SUPPLY. 2. EVALUATE SOURCES OF FOOD AND NUTRITION INFORMATION. 3. CRITIQUE DIET MODIFICATIONS FOR THEIR ABILITY TO IMPROVE NUTRITIONALLY – RELATED HEALTH CONDITIONS. 4. ANALYZE THE BREAKDOWNS OF FOODS, ABSORPTION OF NUTRIENTS AND THEIR CONVERSION TO ENERGY BY THE BODY. 5. EVALUATE THE APPLICATION OF NUTRITION AND MEAL PLANNING PRINCIPLES IN SELECTION, PLANNING, PREPARATION AND SERVING OF MEALS THAT MEET THE SPECIFIC NUTRITIONAL NEEDS OF INDIVIDUALS ACROSS THEIR LIFESPAN. OBJECTIVE: 1. Students will demonstrate how to properly select and store fruits to maintain maximum nutrition 2. Students will practice food science principle in the preparation of fruits to maintain maximum nutrition. 3. Students will choose the correct method of fruit preparation to preserve color, texture, flavor, and nutrients. | Student Activity Guide Lab Assignments and Paperwork Chapter Study Sheet Chapter Test | Teacher Instruction/ PowerPoint Student Activity Guide a. Fruit Scramble b. Mixed Fruit Vocabulary Chapter 16 Study Sheet Chapter 16 Quiz Recipe – Individual Fruit Crisp (Seasonal Fruits) |
| ENRIG | CHMENT: Prepare a marketing campaign for fruit. | | |
| REME | Read Chapter 16 Complete 1. Terms to Know 2. Review What You Have Read 3. Build Basic Skills 4. Build Your Thinking Skills | | |
| RESO | Textbook: Guide to Good Food OURCES: | | |

| COURSE | CONTEN | MPORARY FOODS OF THE WORLD I | GRADE: | 9-12 |
|--|--|--|-------------|------------------------------|
| STATE STANDARD: | WELLNESS NEEDS OF 14.4 EVA CONSUM | INDIVIDUALS AND FAMILIES ACROSS THE LIFE SPAN. LUATE FACTORS THAT AFFECT FOOD SAFETY, FROM PRODUCTION THROUGH PTION. LUATE THE IMPACT OF SCIENCE AND TECHNOLOGY ON FOOD COMPOSITION, SAFETY, | TIME FRAME: | 90 DAYS (57 MINUTES PER DAY) |
| STANDARD STATEMENT: Food Preparation - Dairy | | | | |

| SIAI | IDARD STATEMENT: Food Preparation - Dairy | | |
|---------------------|---|--|--|
| | OBJECTIVES/ESSENTIAL CONTENT | ASSESSMENT | LEARNING ACTIVITIES |
| UNIT OF INSTRUCTION | STANDARD STATEMENT F 1. EVALUATE THE ROLE OF GOVERNMENT AGENCIES IN SAFEGUARDING OUR FOOD SUPPLY. 2. EVALUATE SOURCES OF FOOD AND NUTRITION INFORMATION. 3. CRITIQUE DIET MODIFICATIONS FOR THEIR ABILITY TO IMPROVE NUTRITIONALLY – RELATED HEALTH CONDITIONS. 4. ANALYZE THE BREAKDOWNS OF FOODS, ABSORPTION OF NUTRIENTS AND THEIR CONVERSION TO ENERGY BY THE BODY. 5. EVALUATE THE APPLICATION OF NUTRITION AND MEAL PLANNING PRINCIPLES IN SELECTION, PLANNING, PREPARATION AND SERVING OF MEALS THAT MEET THE SPECIFIC NUTRITIONAL NEEDS OF INDIVIDUALS ACROSS THEIR LIFESPAN. OBJECTIVE: 1. Students will identify the factors affecting the selection of dairy products. 2. Students will describe guidelines for preventing unsafe or adverse reactions when cooking with dairy products. 3. Students will properly prepare a variety of dishes using milk, cream, cheese, and other dairy products. | Student Activity Guide Lab Assignments and Paperwork Chapter Study Sheet Chapter Test | Teacher Instruction/ PowerPoint Student Activity Guide Dairy Product Variety Cooking With Milk Dairy Products Crossword |
| ENRI | CHMENT: Write a report on: 1. Milk Production in the State of Pennsylvania 2. Product development in the dairy industry 3. Lactose intolerance | | |
| REM | Read Chapter 17 and Complete 1. Terms to Know 2. Review What You Have Read 3. Build Basic Skills 4. Build Your Thinking Skills | | |
| RESC | Textbook: Guide to Good Food OURCES: | | |

| COURSE | CONTE | MPORARY FOODS OF THE WORLD I | GRADE: | 9-12 |
|---|--|--|-------------|------------------------------|
| STATE STANDARD: | WELLNESS NEEDS OF 14.4 EVA CONSUM | INDIVIDUALS AND FAMILIES ACROSS THE LIFE SPAN. LUATE FACTORS THAT AFFECT FOOD SAFETY, FROM PRODUCTION THROUGH PTION. LUATE THE IMPACT OF SCIENCE AND TECHNOLOGY ON FOOD COMPOSITION, SAFETY, | TIME FRAME: | 90 DAYS (57 MINUTES PER DAY) |
| STANDARD STATEMENT: Food Preparation - Eggs | | | | |

| | OBJECTIVES/ESSENTIAL CONTENT | ASSESSMENT | LEARNING ACTIVITIES |
|--|--|--|---|
| 1. EVA SUPI 2. EVA 3. CRI RELA 4. ANA COI 5. EVA SELE SPEC OBJECTIVE 1. Stu safe 2. Stu me | ALUATE THE ROLE OF GOVERNMENT AGENCIES IN SAFEGUARDING OUR FOOD PPLY. ALUATE SOURCES OF FOOD AND NUTRITION INFORMATION. ITIQUE DIET MODIFICATIONS FOR THEIR ABILITY TO IMPROVE NUTRITIONALLY — ATED HEALTH CONDITIONS. ALYZE THE BREAKDOWNS OF FOODS, ABSORPTION OF NUTRIENTS AND THEIR INVERSION TO ENERGY BY THE BODY. ALUATE THE APPLICATION OF NUTRITION AND MEAL PLANNING PRINCIPLES IN ECTION, PLANNING, PREPARATION AND SERVING OF MEALS THAT MEET THE CIFIC NUTRITIONAL NEEDS OF INDIVIDUALS ACROSS THEIR LIFESPAN. | Student Activity Guide Lab Assignments and Paperwork Chapter Study Sheet Chapter Test | Teacher Instruction/ PowerPoint Student Activity Guide Selecting and Storing Eggs Functions of Eggs Egg Dishes Scrambled Eggs Vocabulary Chapter 18 Study Sheet Chapter 18 Quiz Recipes – Hard Boiled Eggs Deviled Eggs Mini Breakfast Frittata |
| NRICHMENT: | Create a scientific experiment to demonstrate how the egg | functions in different recipes. | _1 |
| | Read Chapter 18 Complete | | |

REMEDIATION: Read Chapter 18 Complete 1. Terms to Know 2. Review What You Have Read 3. Build Basic Skills 4. Build Your Thinking Skills Textbook: Guide to Good Food

| COURSE | CONTEN | MPORARY FOODS OF THE WORLD I | GRADE: | 9-12 |
|---|--|--|-------------|------------------------------|
| STATE STANDARD: | WELLNESS NEEDS OF 14.4 EVA CONSUM | INDIVIDUALS AND FAMILIES ACROSS THE LIFE SPAN. LUATE FACTORS THAT AFFECT FOOD SAFETY, FROM PRODUCTION THROUGH PTION. LUATE THE IMPACT OF SCIENCE AND TECHNOLOGY ON FOOD COMPOSITION, SAFETY, | TIME FRAME: | 90 DAYS (57 MINUTES PER DAY) |
| STANDARD STATEMENT: Food Preparation - Meat | | | | |

| | OBJECTIVES/ESSENTIAL CONTENT | ASSESSMENT | LEARNING ACTIVITIES |
|---------------------|--|---|---|
| UNIT OF INSTRUCTION | STANDARD STATEMENT F 1. EVALUATE THE ROLE OF GOVERNMENT AGENCIES IN SAFEGUARDING OUR FOOD SUPPLY. 2. EVALUATE SOURCES OF FOOD AND NUTRITION INFORMATION. 3. CRITIQUE DIET MODIFICATIONS FOR THEIR ABILITY TO IMPROVE NUTRITIONALLY – RELATED HEALTH CONDITIONS. 4. ANALYZE THE BREAKDOWNS OF FOODS, ABSORPTION OF NUTRIENTS AND THEIR CONVERSION TO ENERGY BY THE BODY. 5. EVALUATE THE APPLICATION OF NUTRITION AND MEAL PLANNING PRINCIPLES IN SELECTION, PLANNING, PREPARATION AND SERVING OF MEALS THAT MEET THE SPECIFIC NUTRITIONAL NEEDS OF INDIVIDUALS ACROSS THEIR LIFESPAN. OBJECTIVE: 1. Students will demonstrate how to properly store meats to maintain quality and nutrition. 2. Students will utilize the food science principles and methods to prepare meats properly. 3. Students will prepare recipes using the moist and the dry method of meat preparation. | 1. Student Activity Guide 2. Lab Assignments and Paperwork 3. Chapter Study Sheet 4. Chapter Test | 1. Teacher Instruction/ PowerPoint 2. Student Activity Guide a. The Meat Case b. Tough or Tender? c. Buying and Storing Meat d. Cooking Meats 3. Vocabulary 4. Chapter 19 Study Sheet 5. Chapter 19 Quiz 6. Recipe – (full meal) a) Mini Meatloaf b) Mashed potatoes c) Green beans |
| ENRI | Create a presentation on the use of meats in other cultures 1. List of animals used for meat 2. Preparation techniques 3. Description of popular meat dishes in that culture 4. Social customs 5. Dietary customs | s. The information should include: | |
| REMI | Read Chapter 19 and Complete 1. Terms to Know 2. Review What You Have Read 3. Build Basic Skills 4. Build Your Thinking Skills Textbook: Guide to Good Food | | |
| RESC | DURCES: | | |

| COURSE | CONTEN | MPORARY FOODS OF THE WORLD I | GRADE: | 9-12 |
|--------------------|--|--|-------------|------------------------------|
| STATE STANDARD: | WELLNESS NEEDS OF 14.4 EVA CONSUM | INDIVIDUALS AND FAMILIES ACROSS THE LIFE SPAN. LUATE FACTORS THAT AFFECT FOOD SAFETY, FROM PRODUCTION THROUGH PTION. LUATE THE IMPACT OF SCIENCE AND TECHNOLOGY ON FOOD COMPOSITION, SAFETY, | TIME FRAME: | 90 DAYS (57 MINUTES PER DAY) |
| STANDARD STATEMENT | STANDARD STATEMENT: Food Preparation - Poultry | | | |

| JIAI | NDARD STATEMENT: Food Preparation - Poultry | | |
|---------------------|---|--|--|
| | OBJECTIVES/ESSENTIAL CONTENT | ASSESSMENT | LEARNING ACTIVITIES |
| UNIT OF INSTRUCTION | STANDARD STATEMENT F EVALUATE THE ROLE OF GOVERNMENT AGENCIES IN SAFEGUARDING OUR FOOD SUPPLY. EVALUATE SOURCES OF FOOD AND NUTRITION INFORMATION. CRITIQUE DIET MODIFICATIONS FOR THEIR ABILITY TO IMPROVE NUTRITIONALLY – RELATED HEALTH CONDITIONS. ANALYZE THE BREAKDOWNS OF FOODS, ABSORPTION OF NUTRIENTS AND THEIR CONVERSION TO ENERGY BY THE BODY. EVALUATE THE APPLICATION OF NUTRITION AND MEAL PLANNING PRINCIPLES IN SELECTION, PLANNING, PREPARATION AND SERVING OF MEALS THAT MEET THE SPECIFIC NUTRITIONAL NEEDS OF INDIVIDUALS ACROSS THEIR LIFESPAN. OBJECTIVE: Students will identify how to properly purchase and store poultry to maintain freshness and quality. Students will identify the food science principles of the proper and safe method of poultry preparation. Students will prepare poultry with the moist and dry method of preparation | Student Activity Guide Lab Assignments and Paperwork Chapter Study Sheet Chapter Test | Teacher Instruction/ PowerPoint Teacher Demonstration - How to cut up a chicken Student Activity Guide Poultry Pointers Selecting and Storing Poultry Cooking Poultry Vocabulary Chapter 20 Study Sheet Chapter 20 Quiz Recipes Chicken Stock Arroz con Pollo |
| ENRI | CHMENT: Prepare a brochure about the importance of using a them should also discuss how to properly store and reheat leftov | | try at holiday meals. The brochure |
| REMI | Read Chapter 20 Complete 1. Terms to Know 2. Review What You Have Read 3. Build Basic Skills 4. Build Your Thinking Skills | | |
| RESC | Textbook: Guide to Good Food OURCES: | | |

| COURSE | CONTEN | MPORARY FOODS OF THE WORLD I | GRADE: | 9-12 |
|--|--|--|-------------|------------------------------|
| STATE STANDARD: | WELLNESS NEEDS OF 14.4 EVA CONSUM | INDIVIDUALS AND FAMILIES ACROSS THE LIFE SPAN. LUATE FACTORS THAT AFFECT FOOD SAFETY, FROM PRODUCTION THROUGH PTION. LUATE THE IMPACT OF SCIENCE AND TECHNOLOGY ON FOOD COMPOSITION, SAFETY, | TIME FRAME: | 90 DAYS (57 MINUTES PER DAY) |
| STANDARD STATEMENT: Food Preparation – Salads, Casseroles, and Soups | | | | |

| | OBJECTIVES/ESSENTIAL CONTENT | ASSESSMENT | LEARNING ACTIVITIES |
|---------------------|--|--|--|
| UNIT OF INSTRUCTION | STANDARD STATEMENT E EVALUATE THE ROLE OF GOVERNMENT AGENCIES IN SAFEGUARDING OUR FOOD SUPPLY. EVALUATE SOURCES OF FOOD AND NUTRITION INFORMATION. CRITIQUE DIET MODIFICATIONS FOR THEIR ABILITY TO IMPROVE NUTRITIONALLY – RELATED HEALTH CONDITIONS. ANALYZE THE BREAKDOWNS OF FOODS, ABSORPTION OF NUTRIENTS AND THEIR CONVERSION TO ENERGY BY THE BODY. EVALUATE THE APPLICATION OF NUTRITION AND MEAL PLANNING PRINCIPLES IN SELECTION, PLANNING, PREPARATION AND SERVING OF MEALS THAT MEET THE SPECIFIC NUTRITIONAL NEEDS OF INDIVIDUALS ACROSS THEIR LIFESPAN. OBJECTIVE: Students will demonstrate how to properly prepare a salad, casserole and soup. Students will maintain nutrition through the preparation of the recipes | Student Activity Guide Lab Assignments and Paperwork Chapter Study Sheet Chapter Test | Teacher Instruction/ PowerPoint Student Activity Guide a. Salads b. Casserole Preparation Guide c. Stock Soups d. Herb, Spices, and Blends Vocabulary Chapter 22 Study Sheet Chapter 22 Quiz Recipes: a) Salad - Green Salad b) Casserole - Lasagna c) Soup - Beef Barley Vegetable |
| ENRI | Organize a canned and packaged food drive for the nee cream soups in bags with packaged rice and pasta. Studinto a casserole. Distribute the foods throughout the local | ents will write recipe suggestions for co | |
| REME | Read Chapter 22 Complete 1. Terms to Know 2. Review What You Have Read 3. Build Basic Skills 4. Build Your Thinking Skills Textbook: Guide to Good Food | | |
| RESO | URCES: | | |

| COURSE | CONTEN | MPORARY FOODS OF THE WORLD I | GRADE: | 9-12 |
|---|--|--|-------------|------------------------------|
| STATE STANDARD: | WELLNESS NEEDS OF 14.4 EVA CONSUM | INDIVIDUALS AND FAMILIES ACROSS THE LIFE SPAN. LUATE FACTORS THAT AFFECT FOOD SAFETY, FROM PRODUCTION THROUGH PTION. LUATE THE IMPACT OF SCIENCE AND TECHNOLOGY ON FOOD COMPOSITION, SAFETY, | TIME FRAME: | 90 DAYS (57 MINUTES PER DAY) |
| STANDARD STATEMENT: FOOD PREPARATION - BREADS | | | · | |

| STANDARD STATEMENT: FOOD PREPARATION - BREADS | | | | | | |
|---|--|--|--|--|--|--|
| | | OBJECTIVES/ESSENTIAL CONTENT | ASSESSMENT | LEARNING ACTIVITIES | | |
| UNIT OF INSTRUCTION | ### STAND** STATEMENT E 1. EVALUATE THE ROLE OF GOVERNMENT AGENCIES IN SAFEGUARDING OUR FOOD SUPPLY. 2. EVALUATE SOURCES OF FOOD AND NUTRITION INFORMATION. 3. CRITIQUE DIET MODIFICATIONS FOR THEIR ABILITY TO IMPROVE NUTRITIONALLY – RELATED HEALTH CONDITIONS. 4. ANALYZE THE BREAKDOWNS OF FOODS, ABSORPTION OF NUTRIENTS AND THEIR CONVERSION TO ENERGY BY THE BODY. 5. EVALUATE THE APPLICATION OF NUTRITION AND MEAL PLANNING PRINCIPLES IN SELECTION, PLANNING, PREPARATION AND SERVING OF MEALS THAT MEET THE SPECIFIC NUTRITIONAL NEEDS OF INDIVIDUALS ACROSS THEIR LIFESPAN. **OBJECTIVE** 1. Students will identify the functions of the ingredients in baked products. 2. Students will properly prepare yeast and quick breads. | | Student Activity Guide Lab Assignments and Paperwork Chapter Study Sheet Chapter Test | Teacher Instruction/ PowerPoint Teacher Demonstration a. Biscuit Method b. Muffin Method c. Yeast Proofing/ | | |
| ENRI | Plan and prepare a buffet brunch for faculty and staff. The buffet must include muffins, biscuits, popovers, and coffeecakes as well as sweet yeast breads. | | | | | |
| REMEDIATION: | | Read Chapter 23 and Complete 1. Terms to Know 2. Review What You Have Read 3. Build Basic Skills 4. Build Your Thinking Skill | | | | |
| RESO | URCES: | Textbook: Guide to Good Food | | | | |

| COURSE | CONTE | MPORARY FOODS OF THE WORLD I | GRADE: | 9-12 |
|---|--|---|-------------|------------------------------|
| STATE STANDARD: | WELLNESS NEEDS OF 14.4 EVA CONSUM | FINDIVIDUALS AND FAMILIES ACROSS THE LIFE SPAN. ALUATE FACTORS THAT AFFECT FOOD SAFETY, FROM PRODUCTION THROUGH PTION. ALUATE THE IMPACT OF SCIENCE AND TECHNOLOGY ON FOOD COMPOSITION, SAFETY, | TIME FRAME: | 90 DAYS (57 MINUTES PER DAY) |
| STANDARD STATEMENT: Food Preparation – Cakes, Cookies, Pies, and Candies | | Food Preparation - Cakes, Cookies, Pies, and Candies | | _ |

| | | OBJECTIVES/ESSENTIAL CONTENT | ASSESSMENT | LEARNING ACTIVITIES | | |
|---------------------|---|---|--|---|--|--|
| UNIT OF INSTRUCTION | SUPPL 2. EVALU 3. CRITIC RELAT 4. ANAL CONV 5. EVALU SELEC SPECII OBJECTIVE: 1. Stude 2. Stude | uate the role of Government agencies in safeguarding our food | Student Activity Guide Lab Assignments and Paperwork Chapter Study Sheet Chapter Test | Teacher Instruction/ PowerPoint Student Activity Guide a. Kinds of Cakes b. Preparing Cakes c. Cookies d. Pie Filling e. Pastry Preparation f. Candy Vocabulary Chapter 24 Study Sheet Chapter 24 Quiz Recipes: a) Cookies b) Pie – Seasonal Fruit c) Cake – Yellow d) Candy - Fudge | | |
| ENRI | CHMENT: | Develop a signature cookie for the school. Create a fundrai | ser event to sell the cookies. | | | |
| REMEDIATION: | | Read Chapter 24 Complete 1. Terms to Know 2. Review What You Have Read 3. Build Basic Skills 4. Build Your Thinking Skills Textbook: Guide to Good Food | | | | |
| RESOURCES: | | Textbook: Guide to Good Food | | | | |